

Sun Exposure Summit

March 16 2020

QIMR Berghofer Medical Research Institute

Brisbane, Australia



Monday 16 March 2020: Day 1, Open forum

9:00 - 9:10 Summit welcome

Professor Rachel Neale
QIMR Berghofer Medical Research Institute

Session 1: The harms of over-exposure to UV radiation

9:10 - 9:30 Current guidelines, development and implementation

Adjunct Associate Professor Craig Sinclair
Cancer Council Victoria

9:30 - 9:40 The New Zealand Perspective: similarities and differences

Ms Megan Chapman
Health Promotion Agency, NZ

9:40 - 10:00 The UVI and its relationship to UV dose

Emeritus Professor Richard McKenzie
National Institute of Water & Atmospheric Research, NZ

10:00 - 10:10 Burden of skin cancer in Australia and NZ

Associate Professor Catherine Olsen
QIMR Berghofer Medical Research Institute

10:10 - 10:25 Sun exposure dose needed to cause skin cancer: is sunburn a necessary cause?

Professor David Whiteman
QIMR Berghofer Medical Research Institute

10:25 - 10:40 Sun exposure and harms to eye health

Mr Gareth Lingham
The University of Western Australia

10:40 - 10:55 Discussion

All speakers

Session 2: Putting the vitamin D story into context

11:20 - 11:40 Vitamin D and musculoskeletal health

Professor Graeme Jones
University of Tasmania

11:40 - 11:55 Vitamin D and other health outcomes in adults

Professor Rachel Neale
QIMR Berghofer Medical Research Institute

11:55 - 12:15 Vitamin D during pregnancy

Professor Rebecca Mason
The University of Sydney

12:15 - 12:30 Prevalence and predictors of vitamin D deficiency in the Australian population

Dr Lucinda Black
Curtin University

12:30 - 12:45 Vitamin D and diverse populations

Associate Professor Georgia Paxton
The Royal Children's Hospital Melbourne

12:45 - 13:00 Discussion

All speakers

Session 3: It's not all about vitamin D

13:45 - 14:05 Benefits of exposure to UV radiation through non-vitamin D pathways

Professor Robyn Lucas
Australian National University

14:05 - 14:35 The SACN guidelines: modelling to prevent vitamin D deficiency in the UK

Professor Ann Webb
Manchester University

14:35 - 14:45 Time outdoors and myopia

Mr Gareth Lingham
The University Of Western Australia

14:45 - 15:15 Clocks, sleep, and well-being: other benefits of (day)light

Emeritus Professor Anna Wirz-Justice
University of Basel

15:15 - 15:30 Discussion

All speakers

Session 4: Clinician and consumer perspectives / Panel discussion

15:50 - 16:30 Perspectives

16:30 - 17:15 Panel discussion

17:30 - 19:30 Post Summit Networking

